

Who We Are

Sigma Health Services, LLC is committed to eliciting a positive change by providing clinically sound, person-centered mental health and substance abuse services to individuals and families. We take a holistic approach to foster a break-through in the lives of the people we serve, to help them achieve a brighter tomorrow.

We accept most commercial insurances as well as Medicare and Medicaid. Please call to verify benefits.

Our staff consists of licensed clinicians using various guidance-based interventions and therapies.

- Trauma focused CBT and DBT (Dialectical Behavior Therapy)
- Domestic Violence exposure counseling proficiency
- Faith-based counseling available
- Home-Based/Office-Setting counseling services provided



Our Services

- DWI/ADETS
- ACE
- SAIOP
- OPIOID
- Outpatient Therapy
- PHP
- Medication Management
- Anger Management
- Telehealth offered for some services



Outpatient Intensive Options

SAIOP for Adults and Teens (substance abuse intensive outpatient program)

PHP-with a Partial Hospital Program, clients are able to receive intensive treatment for serious mental health concerns, while continuing to live at home.

DWI/ADETS

Assessments required
Short/Longer term outpatient program availability
Intensive Outpatient Substance Abuse Program

ACE Provider

WCPSS Alternative Counseling Education (ACE) is a board approved alternative for long-term suspensions for students who violate policy 6429. Sigma Health Services, LLC has partnered with the Wake County Public School System to provide adolescents with Substance Abuse Prevention alternative and assistance.



Sigma Health Services
"The Sum of Caring Professionals"



WAKE COUNTY
PUBLIC SCHOOL SYSTEM

